

Are you ReadyPA?

ACTION SHEET



Take the pledge to prepare and Be Ready, PA!

I know that disasters don't plan ahead, but I can. To help prepare myself and my family, I pledge to take steps now to:

- ✓ Be Informed: about what kind of disasters might happen where I live, work or visit
- ✓ Be Prepared: and make a plan. I will include specific health and safety needs.
- ✓ Be Involved: Spread the word on social media using #PAPrepared, #NatlPrep, #ReadyPA

Your name: _____

Date: _____



FIRE

READY TIPS

Crawl low under any smoke to your exit.

Feel the door before opening. If cool, open slowly and leave. If hot, use your second way out.

Use the stairs. Avoid elevators.

Stay out once you get out. Call 911.

If you can't get out, close the door and cover vents and cracks around doors with cloth or tape to keep smoke out. Call 9-1-1. Tell them where you are and signal for help at the window with a light-colored cloth or a flashlight.



Test smoke alarms monthly



Find 2 ways out of each room. Practice your escape route.



POWER OUTAGE

READY TIPS

Use flashlights for emergency lighting, candles can cause fires.

Keep refrigerator and freezer doors closed. Most food requiring refrigeration can be kept safely in a closed refrigerator for several hours.

Take steps to remain cool if it is hot outside. If you remain at home, move to the lowest level of your home, since cool air falls. Drink plenty of water, even if you do not feel thirsty.

Wear layers of warm clothing if it is cold outside. Never use your oven or grill as a source of heat.

Turn off or disconnect appliances and other equipment in case of a momentary power "surge".



Store batteries, phone chargers, flashlights and a wind up radio.



Have alternate plans for medical devices needing power.

GET INFORMATION

- Subscribe to emergency alert systems in your community.
- NOAA Weather Radios provide weather warnings directly from the National Weather Service.
- Listen to local TV and radio stations for information and instructions
- Follow local emergency response agencies and media on social media

GET HELP

Police: Call 911 or: _____

Fire Dept.: Call 911 or: _____

Ambulance: Call 911 or: _____

Poison Control Center: 800-222-1222

Other local numbers: _____
